

# THURSDAY, SEPTEMBER 24, 2020

## B DAY SCHEDULE

*Office Hours* 7:30 – 8:00

4<sup>th</sup> 8:00 – 9:45

5<sup>th</sup> 10:00 – 11:45

*Lunch* 11:50 – 12:30

6<sup>th</sup> 12:45 – 2:35

*Office Hours* 2:35 – 3:00

## **BRUIN HAPPENINGS**

**9/24 ~ B Day**

9/25 ~ LIF Schedule – Admin Directed

## **STAFF & STAFF**

- Bruin Spirit Week – September 28 through October 2
  - Monday: Zoom from you Comfy Place/PJ Day
  - Tuesday: Pet Day/Timer Pic Day
  - Wednesday: Sports/Jersey Day
  - Thursday: Cancer Awareness Day
  - Friday: Bruin Spirit/Class Color Day

Follow us on Instagram and message your spirit day photos! –



Cascade.Bruins

- Follow Cascade High School on social media!



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- Haven't picked up your textbooks and supplies for school...Mr. Brandstetter is waiting for your call to arrange a pickup! Give Mr. Brandstetter a call at 425-385-6037 and schedule an appointment!

- Attention math lovers! The Math Team is still going during Distance Learning, and we're looking for new members! If you're interested in doing math for fun, come join us every Tuesday and Thursday after school. Email Mrs. Crum for the Zoom link: [acrum@everettsd.org](mailto:acrum@everettsd.org).
- Technology Support is available:
  - [Family Technology Support](#)
  - Check your Device for any [Updates!](#)
  - [Help Ticket](#)
  - Check out a device or tech issues...[schedule an appointment](#)
- Need assistance with clothing, Operation School Bell and Clothes for Kids can help! Contact Mrs. Brent at [lbrent2@everettsd.org](mailto:lbrent2@everettsd.org) or 425-385-6017.
- Are you in need of school supplies? Contact Mrs. Cole at [scole@everettsd.org](mailto:scole@everettsd.org) or Mrs. Brent at [lbrent2@everettsd.org](mailto:lbrent2@everettsd.org).
- All the information you will need for [Meal Service during Remote Learning!](#)
- Freshmen looking to get involved in the Bruin Community? We are looking for Freshmen Class Officers - interested, fill you "[interest form](#)"

***Quote for the day:*** *The practice of staying present will heal you. Obsessing about how the future will turn out creates anxiety. Replaying broken scenarios from the past causes anger and sadness. Stay here in the moment!*